

South Shore Hearing Center

"For a Difference You Can Hear" – Since 1982

541 Main Street, Suite 418, South Weymouth, MA 02190 – 781 337 6860

ELECTRONYSTAGMOGRAPHY (ENG)

APPOINTMENT: DATE: _____ TIME: _____

PATIENT INSTRUCTIONS

Certain medications can influence the body's response to the test, thus giving a false or misleading result. You will find a short list below, however, if you have any questions or concerns about discontinuing your medications, please consult your physician. DO NOT TAKE any of the following for **48 HOURS prior to the test:**

ALCOHOL IN ANY QUANTITY: beer, liquor, wine or cough syrup with alcohol.

Anti Dizziness medicine: Meclizine, Antivert, Klonopin, Scopalmine patch, etc.

Anti-Histamines: Claritin, Zyrtec, Sudafed, Clarinex, Allegra, Chlor-trimetron, Dimetapp, Dimetane, Benadryl, Actifed, Hismanol, Teldrin, over-the-counter cold meds.

Tranquilizers: Valium, Librium, Atarax, Ativan, Serax, Vistaril, Xanax, Tranxene, Librax.

Anti-Seizure Medicine: Dilantin, Phenobarbitol, Tegretol (**Check with physician before discontinuing!!!!**)

Sedatives: Halcion, Restoril, Nembutol, Dalmane, Seconal, any sleeping pills.

Anti-Nausea Medicine: Atarax, Dramamine, Compazine, Bucladin, Phenergan, Thorazine, Scopalmine patch.

Analgesics/Narcotics: Codine, Demerol, Percocet, Darvocet, Phenafen, Tylenol with codine.

You **MAY TAKE** blood pressure meds, hear/cholesterol meds, thyroid medication, Advil/Tylenol, insulin, estrogen, etc. **Always check with your physician before discontinuing any prescribed medications.**

Please do not eat for 2 hours prior to your appointment. If your appointment is in the morning, you may have a light breakfast such as toast or juice. If you are coming in the afternoon, eat breakfast and have a light snack for lunch. *Please avoid caffeine in beverages such as coffee, tea and soft drinks for 4 hours prior to testing.*

Women are asked to wear pants or shorts for testing. Gentlemen are asked to wear loose fitting clothes for comfort during testing. **Please refrain from wearing any skin lotions, moisturizing creams, makeup, mascara etc., on your face the day of the testing.**